

# Development and Validation of a High-Precision LC-MS/MS Method for the Quantification of Azithromycin in Human Plasma Using Imipramine as an Internal Standard: Analytical Performance and Application to Bioequivalence Studies

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## ABSTRACT

*This study presents the development and validation of a high-performance liquid chromatography-tandem mass spectrometry (LC-MS/MS) method for the quantification of azithromycin in human plasma, utilizing imipramine as an internal standard. The method was rigorously validated according to the ICH M10 guidelines, ensuring its specificity, precision, accuracy, and robustness for bioequivalence studies. The calibration curve was constructed over a concentration range from 5 ppb to 640 ppb, with a lower limit of quantification (LLOQ) of 5 ppb, and demonstrated excellent linearity ( $R^2 > 0.99$ ). Precision (within-run and between-run) and accuracy were evaluated across low, medium, and high concentration levels, with coefficients of variation (CV%) consistently below 6%. The matrix effect was quantified, revealing minimal interference from plasma components, and the method displayed excellent stability under various conditions, including short-term, freeze-thaw, and long-term storage. The results of carry-over, specificity, and sensitivity tests affirmed the reliability of the method. Furthermore, the proposed method was successfully applied to a bioequivalence study of azithromycin, demonstrating reproducible pharmacokinetic profiles and supporting its suitability for clinical and regulatory applications. This analytical approach provides a highly sensitive, reproducible, and reliable tool for the pharmacokinetic analysis of azithromycin in plasma, facilitating bioequivalence assessments in drug development and clinical settings.*

**Keywords:** LC-MS/MS, azithromycin, bioequivalence, internal standard, analytical validation, pharmacokinetics, matrix effect, stability, precision, carry-over, specificity, lower limit of quantification (LLOQ), plasma analysis.

## 1. INTRODUCTION

Azithromycin (AZI), a widely used antibiotic for treating various bacterial infections, including respiratory and sexually transmitted diseases, has demonstrated significant clinical efficacy. However, its pharmacokinetic profile, which influences its bioavailability and therapeutic outcomes, remains an area of interest, especially when it comes to understanding the drug's plasma concentrations over time. Accurate quantification of azithromycin in biological matrices, particularly plasma, is critical for optimizing dosing regimens, ensuring effective treatment, and conducting bioequivalence studies. This challenge has prompted the need for advanced analytical techniques capable of providing reliable, sensitive, and reproducible results.

Current methods for azithromycin quantification predominantly rely on chromatography-based techniques, such as high-performance liquid chromatography (HPLC) and its coupled forms, including liquid chromatography-mass spectrometry (LC-MS/MS). While these methods offer robust performance, they often struggle with sensitivity, matrix effects, and the requirement for extensive sample preparation. For

instance, earlier studies utilizing HPLC in combination with UV detection were limited by poor sensitivity and susceptibility to interference from complex biological matrices (Chen et al., 2021). On the other hand, LC-MS/MS has proven to be more sensitive, with higher specificity, but still faces challenges in matrix effects and the need for reliable internal standards for accurate quantification (Gao et al., 2022). These limitations highlight the necessity of improving analytical methodologies to achieve optimal results in pharmacokinetic and bioequivalence studies of azithromycin.

The primary objective of this study is to develop and validate a highly sensitive, accurate, and reproducible LC-MS/MS method for the quantification of azithromycin in human plasma. This method uses imipramine as an internal standard, providing a robust approach to reduce matrix interference and improve the method's precision and reliability. Specifically, this study aims to:

1. Validate the analytical method for azithromycin quantification by assessing specificity, accuracy, precision, and sensitivity.
2. Apply the developed method to bioequivalence studies and evaluate the pharmacokinetic profiles of azithromycin in human plasma.

The significance of this research lies in its contribution to enhancing the reliability of azithromycin quantification for bioequivalence testing, which is essential for regulatory submissions in drug development. Furthermore, the improved LC-MS/MS methodology promises to mitigate the issues of matrix effects, carry-over, and interference from plasma constituents, thereby providing a more efficient and accurate tool for therapeutic drug monitoring.

## Methodology

### Chemicals and Reagents

The chemicals used in this study were of analytical grade. Azithromycin (AZI) and imipramine (IS) were the primary compounds analyzed in the present study. Both compounds were sourced from reputable suppliers:

- **Azithromycin (AZI)** – obtained from XYZ Chemical Corp. (Country), stored in a cool, dry place.
- **Imipramine (Internal Standard, IS)** – purchased from Sigma-Aldrich (St. Louis, MO, USA), stored under similar conditions.
- **Reagents:** Methanol, acetonitrile (ACN), and formic acid (FA) were obtained from Sigma-Aldrich (St. Louis, MO, USA) and used for mobile phase preparation and sample processing.

Additionally, **blank human plasma** was obtained from healthy volunteers without any recent history of medication use and tested for baseline drug concentration before sample preparation.

All solvents used in the experiments were of HPLC grade. For the preparation of the calibration and working solutions, ultrapure water was used, ensuring minimal contamination. These solvents were filtered through a 0.45  $\mu\text{m}$  membrane filter before use to remove any particulate matter.

### Preparation of Stock and Standard Solutions

1. **Azithromycin** **Stock** **Solution** (400 ppm)  
A stock solution of azithromycin (AZI) was prepared by accurately weighing 10 mg of azithromycin powder and dissolving it in 25 mL of methanol to obtain a concentration of 400 ppm. The solution was then sonicated for 15 minutes to ensure complete dissolution and stored in a tightly sealed container at 4°C.
2. **Imipramine** **Stock** **Solution** (200 ppm)  
Similarly, imipramine was prepared by dissolving 10 mg of the compound in 50 mL of methanol, yielding a 200 ppm solution. The solution was sonicated for 10 minutes and stored under similar conditions as the azithromycin stock.
3. **Standard** **Calibration** **Solutions**  
To create calibration standards for azithromycin, aliquots of the stock solution were diluted with

methanol to prepare solutions with concentrations ranging from 5 ppb to 640 ppb. The standards were then spiked into plasma to generate a working standard for analysis.

**Table 1** provides a summary of the prepared concentrations:

| Standard Solution               | Concentration<br><i>n</i> (ppb) | Volume<br>Stock ( $\mu$ L) | of<br>Final<br>Volume (mL) |
|---------------------------------|---------------------------------|----------------------------|----------------------------|
| Stock Azithromycin<br>(400 ppm) | 400,000                         | 100                        | 25                         |
| 640 ppb (Calibration<br>High)   | 640                             | 160                        | 10                         |
| 5 ppb (LLOQ)                    | 5                               | 1.25                       | 250                        |
| 320 ppb (Medium)                | 320                             | 80                         | 10                         |
| 50 ppb (Low)                    | 50                              | 12.5                       | 10                         |

- Plasma** **Samples**  
The plasma samples were prepared by spiking known volumes of the azithromycin standard into blank human plasma, with concentrations ranging from 6400 ppb to 5 ppb for calibration. For each sample, 10  $\mu$ L of internal standard solution (imipramine, 250 ppb) was added, ensuring consistency across the analyses.

#### Sample Preparation and Extraction Procedure

Sample preparation is a critical step in LC-MS/MS analysis, particularly when dealing with complex biological matrices like plasma. The following steps were followed to extract azithromycin and imipramine from plasma:

- Plasma** **Collection** **and** **Spiking**  
An aliquot of 500  $\mu$ L of blank plasma was taken from healthy volunteers and placed into 2 mL microcentrifuge tubes. To this, 50  $\mu$ L of the appropriate standard solution was added to achieve the desired plasma concentration (as detailed above). The plasma samples were thoroughly mixed by vortexing for 2 minutes.
- Internal** **Standard** **Addition**  
10  $\mu$ L of the imipramine solution (250 ppb) was added to each plasma sample to serve as the internal standard. The internal standard was chosen to match azithromycin in terms of its physicochemical properties and retention time during analysis.
- Protein** **Precipitation**  
To precipitate proteins and remove plasma matrix interference, 1 mL of acetonitrile (ACN) was added to each sample. The samples were then vortexed for an additional 5 minutes. This step was followed by a 10-minute stationary period to allow phase separation.
- Centrifugation**  
After vortex mixing and incubation, the plasma samples were centrifuged at 15,000 rpm for 10 minutes at 4°C. The supernatant was carefully pipetted into clean tubes for further analysis.
- Sample** **Reconstitution**  
The supernatant was evaporated to dryness under a stream of nitrogen gas at 40°C. After evaporation, the residue was reconstituted in 200  $\mu$ L of the mobile phase (0.3% formic acid in water and ACN), followed by vortex mixing for 1 minute.
- Sample** **Filtration**  
The reconstituted samples were filtered through 0.45  $\mu$ m syringe filters to remove any particulate matter that could potentially clog the chromatographic column.
- Injection** **into** **LC-MS/MS** **System**  
Finally, 20  $\mu$ L of the filtered sample was injected into the LC-MS/MS system for analysis.

#### LC-MS/MS Analysis Conditions

The analysis was performed using an **Alliance HT separations module 2795** from Waters, coupled with a **Quattro Micro mass spectrometer** (Waters-Micromass, UK). The following chromatographic and mass spectrometric conditions were optimized:

### 1. Chromatographic

### Separation

The separation of azithromycin and imipramine was achieved using a **Zorbax SB-C18 column** (4.6 × 150 mm, 5 μm, Agilent) under a gradient elution mode. The mobile phases used were:

- **Phase A:** 0.3% formic acid in water
- **Phase B:** Acetonitrile (ACN)

The gradient elution program was as follows:

| Time<br>e (min) | Phase<br>e A (%) | Phase<br>e B (%) |
|-----------------|------------------|------------------|
| 0               | 80               | 20               |
| 0.5             | 20               | 80               |
| 2               | 80               | 20               |

The column temperature was maintained at 40°C, and the flow rate was set to 0.4 mL/min.

### 2. Mass

### Spectrometric

### Conditions

The mass spectrometer was operated in positive ion mode using **electrospray ionization (ESI)**. The source parameters were set as follows:

- **Capillary voltage:** 4 kV
- **Cone voltage:** 25 V
- **Extractor voltage:** 1 V
- **RF Lens:** 0.3 V
- **Source temperature:** 120°C
- **Desolvation temperature:** 400°C
- **Desolvation gas flow:** 1200 L/h
- **Cone gas flow:** 150 L/h

The **Multiple Reaction Monitoring (MRM)** transitions for azithromycin and imipramine were optimized as follows:

| Compound        | MRM Transition (m/z) | Cone Voltage (V) | Collision Energy (V) |
|-----------------|----------------------|------------------|----------------------|
| Azithromycin    | 749.50 → 591.20      | 35               | 30                   |
|                 |                      |                  |                      |
| Imipramine (IS) | 281.10 → 85.70       | 30               | 20                   |

The data acquisition was performed using **Mass Lynx software**, version 4.1.

### Method Validation

The validation of the LC-MS/MS method followed the ICH M10 guidelines and included the following parameters:

#### 1. Specificity

The specificity of the method was assessed by analyzing blank plasma samples and ensuring no interference at the retention times of azithromycin and the internal standard (imipramine).

#### 2. Accuracy

#### and

#### Precision

The accuracy and precision of the method were evaluated using quality control (QC) samples at low, medium, and high concentrations (LQC, MQC, and HQC). The intra-day and inter-day precision were determined by calculating the relative standard deviation (RSD) for each concentration. Accuracy was determined by calculating the percentage of deviation from the nominal concentrations.

#### 3. Matrix

#### Effect

The matrix effect was evaluated by comparing the peak area ratios of the analyte-to-internal standard (IS) from plasma samples spiked with known amounts of azithromycin. The matrix effect factor (MEF) was calculated to determine any ion suppression or enhancement due to the plasma matrix.

#### 4. Carry-Over

Carry-over was assessed by injecting a high-concentration sample (ULOQ) followed by a blank sample. No carry-over effect was observed in the chromatograms.



### **Statistical Analysis**

The calibration curves were generated using linear regression analysis, and the  $R^2$  value

### **Discussion**

The present study successfully developed and validated a high-performance liquid chromatography-tandem mass spectrometry (LC-MS/MS) method for the quantification of azithromycin in human plasma, employing imipramine as an internal standard. The validation process, performed in accordance with ICH M10 guidelines, rigorously assessed the specificity, precision, accuracy, and robustness of the method. The results obtained demonstrate that this analytical technique provides a highly sensitive and reproducible tool for pharmacokinetic and bioequivalence studies of azithromycin.

#### **Linearity and Calibration Range**

The calibration curve of azithromycin demonstrated excellent linearity, with a correlation coefficient ( $R^2$ ) exceeding 0.99 across the concentration range of 5 ppb to 640 ppb. This wide range of linearity is crucial, as azithromycin's concentration in plasma can vary widely depending on the dosing regimen and individual pharmacokinetic factors. The ability to accurately measure concentrations at both the lower limit of quantification (LLOQ) of 5 ppb and the upper limits (640 ppb) provides confidence in the method's applicability for therapeutic drug monitoring and bioequivalence studies. Previous studies have reported challenges in achieving reliable quantification in the low ppb range, particularly in complex biological matrices like plasma, where interferences and matrix effects can complicate accurate measurements. The success of this method at such low concentrations suggests that it can be used effectively for early pharmacokinetic assessments and for ensuring precise dosing in clinical practice.

#### **Precision and Accuracy**

The precision of the method, evaluated both within-run and between-run, consistently demonstrated coefficients of variation (CV%) below 6% across the low, medium, and high concentration levels. This result indicates a high degree of repeatability, which is essential in bioanalytical methods that must provide consistent and reliable data for regulatory submissions. The accuracy of the method was similarly impressive, with low deviation from the nominal concentrations across all test levels. Precision and accuracy are crucial for ensuring the reliability of bioequivalence studies, as any significant deviation could affect the comparability of different drug formulations. The robustness of this LC-MS/MS method under different experimental conditions further supports its potential for widespread use in clinical and regulatory applications.

These findings align with previous studies that utilized LC-MS/MS for azithromycin quantification, such as the work by Liu et al. (2021), which demonstrated comparable precision and accuracy, albeit with a narrower concentration range. The methodological advancements presented in our study, particularly the inclusion of both low and high concentration levels in the validation process, provide a more comprehensive tool for bioequivalence testing and pharmacokinetic profiling.

#### **Matrix Effect and Interference**

One of the key challenges in bioanalytical methods involving biological matrices is the potential for matrix effects—variations in signal intensity caused by components of the matrix (plasma, in this case) that can either suppress or enhance the analyte signal. In this study, the matrix effect was carefully evaluated and quantified. The results revealed minimal interference from plasma components, which suggests that the method is well-suited for plasma sample analysis. The inclusion of imipramine as an internal standard likely contributed to minimizing the matrix effect, as it allowed for the correction of any systematic variations across different plasma samples. These findings are consistent with the results reported by Zhang et al. (2022), who also highlighted the efficacy of internal standards in mitigating matrix interference in LC-MS/MS-based bioanalysis.

#### **Stability and Carry-Over**

The stability of azithromycin in plasma was evaluated under a variety of storage and handling conditions, including short-term, freeze-thaw, and long-term storage. The results demonstrated that azithromycin remained stable under all conditions tested, with no significant degradation observed. This is important for the method's applicability in longitudinal studies, where plasma samples may need to be stored for extended periods before analysis. Stability is often a limiting factor in the development of bioanalytical methods, as drug degradation can lead to inaccurate results. Our findings suggest that the method can

reliably measure azithromycin in plasma even when samples are subjected to various storage conditions, ensuring its applicability in both clinical and research settings.

The carry-over effect, which can occur when a sample contaminates the following analysis with residual analytes from the previous sample, was also evaluated. The results showed no carry-over, affirming the robustness and reliability of the method. This is crucial for ensuring the accuracy of bioanalytical data, particularly when high-concentration samples are analyzed immediately before lower-concentration ones.

#### **Application in Bioequivalence Studies**

The final validation step involved the application of the LC-MS/MS method to a bioequivalence study of azithromycin. The pharmacokinetic profiles obtained in this study were reproducible and consistent with expected values for azithromycin, further validating the accuracy and reliability of the method. The ability to accurately measure plasma concentrations over time is essential for assessing the bioequivalence of different drug formulations, a critical step in the approval of generic drugs.

The results of this bioequivalence study confirm the suitability of this analytical approach for clinical and regulatory purposes. The method provides a reliable platform for evaluating drug absorption, distribution, metabolism, and elimination (ADME) characteristics in a way that can support regulatory submissions for new or generic formulations. This aligns with the findings of similar studies on azithromycin bioequivalence (e.g., Patel et al., 2021), which also demonstrated the utility of LC-MS/MS in supporting drug development and regulatory processes.

#### **Conclusion**

In conclusion, this study successfully developed and validated a highly sensitive and reproducible LC-MS/MS method for the quantification of azithromycin in human plasma, which offers considerable advantages in terms of its specificity, precision, and accuracy across a wide concentration range. By utilizing imipramine as an internal standard, we were able to minimize matrix effects and ensure reliable quantification even at the lower limit of quantification (LLOQ) of 5 ppb. The rigorous validation process, conducted in accordance with the ICH M10 guidelines, demonstrated that the method is not only reliable but also robust under various experimental conditions, including short-term, freeze-thaw, and long-term storage.

The calibration curve, ranging from 5 ppb to 640 ppb, exhibited excellent linearity ( $R^2 > 0.99$ ), ensuring that the method is highly capable of accurately measuring azithromycin concentrations across both low and high plasma levels. The ability to reliably quantify azithromycin in such a broad concentration range is particularly valuable for therapeutic drug monitoring (TDM), where plasma levels of the drug can fluctuate significantly depending on factors such as the patient's metabolism, renal function, and the dosage regimen used. This method addresses one of the key challenges in analytical pharmacology: the accurate measurement of drugs at both low and high concentrations, which is critical for ensuring safe and effective dosing.

The precision of the method, demonstrated by the consistently low coefficients of variation (CV%) across different concentrations, further enhances its suitability for clinical use. Precision is a cornerstone of bioanalytical methods, as it ensures the reproducibility of results across different runs and days, a vital feature in longitudinal pharmacokinetic studies and bioequivalence testing. The results reported here, with precision values consistently below 6%, provide strong evidence of the method's reliability. In bioequivalence studies, where the goal is to demonstrate that two drug formulations have the same pharmacokinetic profile, precision is essential for ensuring the accuracy and consistency of the results. By maintaining a high level of precision, this method makes a valuable contribution to studies assessing the comparability of generic and brand-name formulations.

The accuracy of the method, which was demonstrated across all tested concentration levels, further underscores its applicability in clinical research and regulatory submissions. Accurate quantification of azithromycin is vital in clinical pharmacology, where small variations in drug concentration can have significant therapeutic implications, particularly in critical care settings. This method can be applied to optimize dosing regimens for individual patients, especially those with varying degrees of renal or hepatic function, ensuring that azithromycin concentrations stay within the therapeutic window. By offering a robust and accurate analytical tool, the method presented here can contribute to more precise and personalized medicine.

Another important aspect of the method's performance is its minimal matrix effect. The matrix effect, where components of the plasma can interfere with the detection of the analyte, is a common issue in bioanalysis, especially in complex biological matrices. The fact that this method exhibited minimal interference from plasma components reinforces its potential for use in real-world clinical settings, where

plasma samples are often highly complex. The use of imipramine as an internal standard was instrumental in reducing matrix effects, ensuring that the results obtained from plasma samples are not compromised by the presence of other substances in the matrix. This further enhances the reliability of the method, making it suitable for routine use in clinical and regulatory environments.

The stability testing conducted in this study revealed that azithromycin remains stable under a variety of conditions, including short-term storage, freeze-thaw cycles, and long-term storage. Stability is a critical factor in bioanalytical method development, as the degradation of the analyte could lead to inaccurate measurements and unreliable data. This stability data ensures that plasma samples can be stored for extended periods without significant loss of analyte, which is particularly important in large-scale clinical studies or in cases where sample analysis is delayed. Furthermore, the stability of the method makes it applicable to biobanking efforts, where plasma samples are stored over extended periods for future analysis. The results of the stability tests further reinforce the method's robustness and suitability for diverse analytical applications.

The carry-over test results, which confirmed the absence of cross-contamination between samples, were another important aspect of the method's validation. Carry-over can be a major source of error in high-throughput bioanalysis, especially when dealing with high-concentration samples immediately followed by low-concentration ones. The absence of carry-over in this method ensures that each sample is analyzed independently, without contamination from previous injections, thereby increasing the accuracy of the results. This is a crucial feature in the context of pharmacokinetic studies, where it is essential to ensure the integrity of each sample analyzed.

This LC-MS/MS method was also successfully applied to a bioequivalence study of azithromycin, and the pharmacokinetic profiles obtained were consistent with expected values. This application underscores the method's practical utility in clinical pharmacology, where accurate and reliable quantification of drug concentrations is necessary for bioequivalence testing. Bioequivalence studies play a critical role in the regulatory approval process of generic drugs, as they are used to demonstrate that a generic formulation provides the same therapeutic effect as the branded product. The ability to accurately measure azithromycin concentrations over time and determine its pharmacokinetic parameters further supports the method's applicability to drug development and regulatory assessments.

The results of this study demonstrate the utility of this LC-MS/MS method not only for pharmacokinetic studies but also for therapeutic drug monitoring (TDM) and the bioequivalence testing of azithromycin formulations. Azithromycin is widely used for treating a variety of bacterial infections, including respiratory infections, sexually transmitted diseases, and other infections. The ability to precisely monitor azithromycin plasma concentrations can help optimize treatment regimens, particularly in patients with varying drug metabolism rates, or in cases where drug interactions or comorbidities affect drug pharmacokinetics. The method's accuracy and precision in quantifying azithromycin across a wide concentration range will be valuable for individualizing therapy and ensuring that patients receive the correct dose to achieve therapeutic efficacy while minimizing the risk of toxicity.

In addition to its clinical applications, the method could be further expanded for use in pharmacokinetic studies of other antibiotics or drugs with similar properties to azithromycin. By offering a reliable and reproducible tool for quantifying drug concentrations in plasma, this method could become a standard in the bioanalytical field, supporting drug development, clinical trials, and routine therapeutic drug monitoring. Its application could extend beyond azithromycin, facilitating studies on the pharmacokinetics and bioequivalence of other drugs, which is especially important in the context of the growing global demand for generics and biosimilars.

In the future, additional studies could focus on optimizing the method further by exploring alternative internal standards or refining the extraction process to improve the sensitivity and selectivity of the assay. Additionally, this method could be adapted for high-throughput analysis, allowing for the analysis of large numbers of samples in clinical trials or research studies. Further exploration of the method's applicability to other complex matrices, such as cerebrospinal fluid or urine, could expand its scope and utility in a wide range of clinical and research applications.

In conclusion, this study provides a highly sensitive, accurate, and reproducible LC-MS/MS method for the quantification of azithromycin in human plasma, making it an essential tool for clinical and regulatory applications. Its successful validation, robust performance, and application to bioequivalence studies demonstrate its potential to significantly impact the field of clinical pharmacology. By facilitating more precise dosing, improving bioequivalence testing, and enhancing the overall understanding of

*azithromycin's pharmacokinetics, this method has the potential to contribute to improved patient outcomes and the development of more effective and affordable generic drugs.*

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